



MJ Lab Cafe

Menu

+ (250) 792 405 716

mjbistro

mjlabco2022@gmail.com

MENU FOR FOOD

BREAKFAST

Sun side omlette with bread.....	3000
Spanish omlette	2500
Special omlette	3000
Plain omlette	2000
MJ Lab café break fast	4500
Rolex	2500
Beef boilo	3000
Chicken boil	3500
Agatogo	3500

HOT STARTER

SOUP WITH TOAST BREAD

Mashroom soup	3500
Vegetable soup	3000
Pumpkin soup	3000
Ginger carrot soup	3000
Fish Soup	4000

MAIN CAOURSE/LUNCH

Full chicken	17000
Beaf steak	5000
Pan fried chicken leg	4500
Fried fresh fish	5000
Fish strognoff	5000
Chicken strognoff	5000
Grilled chicken breast	5000
Fried crispy chicken	5000
Beef / Chicken stew	4500

SPECIAL FOOD

Liver with chips or rice	4000
Family style chicken chef	20000

DINNER

Beef brochette with green banana	1500
Chicken brochette	2000
Igiti Brochette	1500
Goat brochette	1000
Fish brochette	2000

WRAPS

Chicken wrap	3500
Beaf wrap	3000
Fish wrap	4000
Veg wrap	3000

SANDUICH WITH CHIPS

Club sandwich	3500
Veg sandwich with dill sauce	4500
Green goddess sandwich	3500
Chicken steak sandwich	5000
Chicken avocado sandwich	4000

PASTA

Vegetable pasta	3000
Chicken pasta	4000
Baked feta pasta	4000
Lemon pasta	3000
Spaghetti bolognaise	4500

SNACKS

Chapati	500
Bread	800
Donats	500
Meatballs	3500
Meat samosas	500
Cheese and sausage plat	3500
Spring rolls	1500
Fish fingers	4500
Chicken wings	3500
Chicken wings with chips	4000

PIZZA

Mashroom pizza	7000
Chicken pizza	9000
Veg pizza	6000
Four season pizza	10000
Tunna pizza	9000

BURGER with Chips

Beef Burger	4500
Classic cheese burger	4000
Chicken burger	5000
King burger	8000
Veg burger	3500

SALADS

Chicken salad	4000
Potato salad	3500
Sweet corn salad	4000
MJ Lab Cafe salad	4500
Avocado salad	3500

DESSERT

Fruit plate	3500
Fruits creap	3500
Yoghurt	1000



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DRINKS

HOT BEVERAGE

COFFEE

Cappuchino	2,500
African coffee	2,500
Café latte	2,000
Café mocha	2,500
Americano coffee	1,500
Espresso	1,000
White mocha	2,500
Hot chocolate	2,500
White chocolate	2,500
Machiattto	1,500
Flat white	2,000
Caratodo	1,500

TEA

African tea	2500
Spice tea	2500
Ginger tea	2000
Meant tea	1500
Green tea	1500
Russian tea	2000
Black tea	1500
English tea	2000
Hibiscus tea	2000
Lemon tea	2000




NON ALCOHOLIC DRINKS

Fanta plastic	1000
Small Fanta	1000
Red bull	2500
Inyange Juice	1000
Energy	600
Panache	1000
Water	1000
Bavaria	2500

FRESH JUICES

Cocktail juice	3500
Mango, Passion, Pineapple, Tree toma to juice....	3000
Virgin mojito	4500
Milkshake	4500
Smoothie	4500
Cucumber meant detox	4000
Ginger carrot detox	4000

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